




May 2026

Apple Valley Place of Clear Lake

Better Days



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> ■ ■ ■ ■ ■ <p style="text-align: right;">31</p>			<p>Dimensions</p> <ul style="list-style-type: none"> ■ - Memory & Brain Stimulation ■ - Physical Activity ■ - Purposeful Life Station ■ - Religious ■ - Therapeutic 		<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - Grocery List ■ - Catholic Communion ■ - Dan's Band! <p style="text-align: right;">01</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Card Corner ■ - Sit and Stretch ■ - Brain Busters ■ - Saturday Sweep! <p style="text-align: right;">02</p>
<ul style="list-style-type: none"> ■ - Hymn Sing-Along ■ - Music and Movement ■ - Double or Nothing ■ - Sunday Sitcoms ■ - Set the Table <p style="text-align: right;">03</p>	<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - Nails ■ - BINGO ■ - Mail Delivery <p style="text-align: right;">04</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Sock it to Me! ■ - Air Hockey ■ - Cinco De Mayo Fiesta ■ - Tidy Up Tuesday! <p style="text-align: center;">Better Together Meeting</p>	<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - Baking Club ■ - Pop it Colors ■ - Music with Gary! <p style="text-align: right;">06</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Keep it UP ■ - Spring Flower Craft ■ - Holiday Cards ■ - Laundry Life Station <p style="text-align: right;">07</p>	<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Catholic Mass ■ - Chair Exercise ■ - UNO ■ - Mother's Day Tea <p style="text-align: right;">08</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Coffee and Quizzes ■ - Sit and Stretch ■ - Brain Busters ■ - Saturday Sweep! <p style="text-align: right;">09</p>
<p style="text-align: center;">Mother's Day</p> <ul style="list-style-type: none"> ■ - Hymn Sing-Along ■ - Music and Movement ■ - Floral Arranging ■ - Sunday Sitcoms ■ - Set the Table <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - Nails ■ - BINGO ■ - Mail Delivery <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Question Ball ■ - Name that Smell ■ - Gardening Group ■ - Tidy Up Tuesday! 	<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - Baking Club ■ - Where in the World <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Balloon Volleyball ■ - Wood Painting ■ - BINGO ■ - Laundry Life Station <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - Table Talk ■ - Catholic Communion ■ - Birthday Party! <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Card Corner ■ - Sit and Stretch ■ - Brain Busters ■ - Saturday Sweep! <p style="text-align: right;">16</p>
<ul style="list-style-type: none"> ■ - Hymn Sing-Along ■ - Music and Movement ■ - Garden Trivia ■ - Sunday Sitcoms ■ - Set the Table <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - Nails ■ - BINGO ■ - Mail Delivery <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Sipping and Sorting ■ - Gardening Group ■ - Tidy Up Tuesday! <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - Story from the Hat ■ - Baking Club ■ - Music with Gary! <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Drum Circle ■ - Q-Tip Craft ■ - Name that Celebrity ■ - Laundry Life Station <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - John Schumacher ■ - Penny Ante ■ - Catholic Communion <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Coffee and Quizzes ■ - Sit and Stretch ■ - Brain Busters ■ - Saturday Sweep! <p style="text-align: right;">23</p>
<ul style="list-style-type: none"> ■ - Hymn Sing-Along ■ - Music and Movement ■ - Garden Walk ■ - Sunday Sitcoms ■ - Set the Table <p style="text-align: right;">24</p>	<p style="text-align: center;">Memorial Day</p> <ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - Memorial Day Reminisce ■ - Patriotic Sing-Along ■ - Mail Delivery <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Farm Reminisce ■ - Gardening Group ■ - Sensory Bag ■ - Tidy Up Tuesday! <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - Baking Club ■ - Coogam Challenge ■ - Music with Gary! <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Garden Walk ■ - Key Chain Craft ■ - Outdoor Dice ■ - Laundry Life Station <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> ■ - Daily Devotions ■ - Chair Exercise ■ - Jenga ■ - Catholic Communion ■ - Stained Glass Water Color Art <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> ■ - Bible Reading ■ - Card Corner ■ - Sit and Stretch ■ - Brain Busters ■ - Saturday Sweep! <p style="text-align: right;">30</p>

* Activities are subject to change